

## **Generic Elective Paper III**

### **Human Physiology**

#### **Unit 1: Digestion and Respiratory Physiology**

Structure and function of digestive glands; Digestion and absorption of carbohydrates, fats and proteins; Nervous and hormonal control of digestion (in brief), Ventilation, External and internal Respiration, Transport of oxygen and carbon dioxide in blood, Factors affecting transport of gases.

#### **Unit 2: Functioning of Excitable Tissue (Nerve and Muscle)**

Structure of neuron, Propagation of nerve impulse (myelinated and non-myelinated nerve fiber); Structure of skeletal muscle, Mechanism of muscle contraction (Sliding filament theory), Neuromuscular junction

#### **Unit 3: Renal Physiology and Cardiovascular Physiology**

Functional anatomy of kidney, Mechanism and regulation of urine formation, Structure of heart, Coordination of heartbeat, Cardiac cycle, ECG

#### **Unit 4: Endocrine and Reproductive Physiology**

Structure and function of endocrine glands (pituitary, thyroid, parathyroid, pancreas, adrenal, ovaries, and testes), Brief account of spermatogenesis and oogenesis, Menstrual cycle.

#### **PRACTICAL**

1. Preparation of temporary mounts: Neurons and Blood film.
2. Preparation of haemin and haemochromogen crystals.
3. Estimation of haemoglobin using Sahli's haemoglobinometer.
4. Examination of permanent histological sections of mammalian oesophagus, stomach, duodenum, rectum, lung, kidney, thyroid, pancreas, adrenal, testis, ovary.

#### **TEXT BOOKS**

1. Marieb EN and Hoehn K, (2015) Human Physiology, 10th global edition, Pearson Education, USA.
2. Guyton, A.C. and Hall, J.E. (2011). Textbook of Medical Physiology, XII Edition, Harcourt Asia Pvt. Ltd/ W.B. Saunders Company.

#### **SUGGESTED READINGS**

1. Widmaier, E.P., Raff, H. and Strang, K.T. (2008). Vander's Human Physiology, XI Edition, McGraw Hill.
2. Kesar, S. and Vashisht, N. (2007). Experimental Physiology, Heritage Publishers.
3. Prakash, G. (2012). Lab Manual on Blood Analysis and Medical Diagnostics, S. Chand and Company Ltd.
4. Tortora, G.J. and Derrickson, B.H. (2009). Principles of Anatomy and Physiology, XII Edition, John Wiley and Sons, Inc.