

COURSE OUTCOME/ PROGRAMME OUTCOME

Name of the Programme: Under Graduate Course in Psychology (B.A. in Psychology)

(For Academic Session : 2020-21)

Core Paper- I

INTRODUCTORY PSYCHOLOGY

Learning Objectives:

To help the students know the sources and processes of development of modern scientific psychology.

Programme outcomes:

Define the term psychology and demonstrate command of the basic terminology, concepts, and principles of the discipline.

Core Paper-II

BASIC DEVELOPMENTAL PROCESSES

Learning Objectives:

To help students gain some key ideas about human development and the perspectives to understand and explain such developments.

Programme outcomes:

Understand the nature, types, and principle of development. Understand the processes of formation of life and development during pre- and post-natal periods.

Core Paper III

BASIC PSYCHOLOGICAL PROCESSES

Learning Objectives:

To help the students to understand the mental processes to begin with sensation and perception up to how it results in thoughts and communication.

Programme outcomes:

Understand the bases sensory actions and the processes of integration of sensory actions in creating and interpreting perceptual events. Gain knowledge of the important processes and principles of human learning as well as the structural functional attributes of human memory to help conserve the learning outcomes.

Core Paper-IV

PROCESSES OF HUMAN EMPOWERMENT

Learning Objectives:

To help students gain ideas about intelligence and personality as foundations of human empowerment.

Programme outcomes:

Know the structural components and functional dynamics of both intelligence and personality. Understand the significance of emotion and motivation in behaviour management.

Core Paper- V

PSYCHOLOGICAL STATISTICS

Learning Objectives:

To help students develop knowledge and understanding of the application of Statistics within Psychology.

Programme outcomes:

The nature of psychological variables and how to measure them using appropriate scale. The processes of describing and reporting statistical data.

Core Paper-VI

SOCIAL PSYCHOLOGY

Learning Objectives:

To help students develop awareness of the concepts, problems and issues in the discipline of social psychology. To make students understand the individuals and groups in respect to patterns of social behaviour and attitudes

Programme outcomes:

Know the scope of studying social psychology and the methods to gather data in the social context to explain them. Understand the significance of social cognition, attitudes, stereotypes and prejudices in explaining human behaviour in the social contexts.

Core Paper- VII**ENVIRONMENTAL PSYCHOLOGY****Learning Objectives:**

To highlight the simultaneous mutual interaction of environment and behaviour.

To delineate psychological approaches to the study of environment.

Programme outcomes: understand the interactional relationships between environment and behaviour. To understand the problems occurring to ecology and environment at the present time.

Core Paper V**PSYCHOPATHOLOGY****Learning Objectives:**

To help students define and understand the basic concepts underlying psychopathology and the perspectives which contributed to the development of modern psychopathology. To help students understand the assessment techniques for identifying and classifying maladaptive behaviour and mental disorders.

Programme outcomes: Students will be able to

Understand the differences between normality and abnormality along with the perspectives explaining them. Know the importance and the use of assessment techniques in identifying different forms of maladaptive behaviour.

Core Paper IX**EDUCATIONAL PSYCHOLOGY****Learning Objectives:**

To provide students with an overview of the purposes and uses of educational psychology. To help students understand human development focusing mainly on the years of formal education including those with ability differences

Programme outcomes:

Define educational psychology and give examples of the different topics educational psychologists study. Describe the developmental issues faced by school age children.

Core Paper-X**PSYCHOLOGICAL ASSESSMENT****Learning Objectives:**

To train students in various psychological assessment techniques. To impart skills necessary for selecting and applying different tests for different purposes such as evaluation, training, rehabilitation etc.

Programme outcomes: Students will be able to

Understand the basic facts about psychological assessment. Understand the processes of test construction and standardization. Understand about the assessment of different types of skills and abilities.

Core Paper XI**ORGANIZATIONAL BEHAVIOR****Learning Objectives:**

To help students understand the structure, functions, and designs of different organizations.

Programme outcomes: Students will be able to

Understand different concepts and dynamics related to organizational system, behaviour, and management. Identify steps managers can take to motivate employees in the perspectives of the theories of work motivation.

Core Paper XII

HEALTH PSYCHOLOGY

Learning Objectives:

To help the students understand the issues of Health Psychology and how to address them by the bio-psychosocial model of health and illness.

Programme outcomes:

Know the basics of health and illness from the Bio-psychosocial perspectives. Understand the significance of behavioural and psychological correlates of health and illness.

Core Paper XIII

COUNSELING PSYCHOLOGY

Learning Objectives:

To help students understand and integrate current scientific knowledge and theory into counselling practice. To make students learn the history and professional issues related to counseling psychology. To help students integrate and convey information in the core areas of counseling practice.

Programme outcomes:

Understand the purpose of counseling and practice of counseling ethically following different approaches. Understand the basics of counseling process and use them for counseling students, families, couples, distressed, and handicaps.

Core Paper XIV

POSITIVE PSYCHOLOGY

Learning Objectives:

To help students to understand the rationale behind positive psychology. To guide students to identify and analyse the key conceptual and theoretical frameworks underpinning positive psychology.

Programme outcomes:

The goal of positive psychology and the basic behavior patterns that result in positive human growth from the point of view of leading positive psychologists. The concepts of flow and happiness and the related theories and models explaining happiness behavior and its consequences.

Discipline Specific Elective Paper-I

PSYCHOLOGICAL RESEARCH AND MEASUREMENT

Learning Objectives:

To provide an overview of scientific approaches to psychological research in term of sampling techniques, scientific method, and experimental designs. To acquaint the students with respect to psychometric, projective techniques and non-testing approaches like interview

Programme outcomes:

Understand the nature of psychological research and characteristics of scientific methods of research. Know the methods of test construction and standardization

**Discipline Specific Elective Paper-II
PSYCHOLOGY AND SOCIAL ISSUES**

Learning Objectives:

The course will provide social psychological analysis of some major social issues in India.

Expected outcomes: Students will be able to

Understand the nature and characteristics of different social systems and social integration in India. Understand the aspects of health and wellbeing of Indian people.

**Discipline Specific Elective Paper-III
PSYCHOLOGY OF DISABILITY**

Learning Objectives:

The objective of the course is to provide students with an overview of the disability from the psychological perspective. Drawing from the four units, students will be exposed to varying disability definitions, cultural meanings and representations.

Programme outcomes:

Know about different types of disability and their prevalence in India. Understand various socio-cultural models of disability. Gain knowledge about disability policies in India

Understand about intervention and rehabilitation of disables in India

**Discipline Specific Elective Paper-IV
DISSERTATION / RESEARCH PROJECT**

Learning Objectives:

To help students to learn how to develop scientific research designs in the study of psychology.

Programme outcomes:

Independently prepare a research design to carry out a research project. Review the related research papers to find out a research problem and relevant hypotheses.

**DSE Paper-IV /Alternative to dissertation
PSYCHOLOGY OF CRIME**

Learning Objectives:

To provide students with an overall knowledge of psychology of crime . To help students understand the psychosocial perspectives of crime.

Programme outcomes:

Define criminal behavior and explain the psychosocial factors of crime and criminal behavior. Discuss the social and psychological theories of crime and criminal behavior.

**Generic Elective Paper-I
INTRODUCTORY PSYCHOLOGY**

Learning Objectives:

To help the students know the sources and processes of development of modern scientific psychology. To help the students develop a scientific temperament in studying and understanding human behavior.

Programme outcomes:

Define the term psychology and demonstrate command of the basic terminology, concepts, and principles of the discipline. Gain knowledge of scientific methodology—the variety of ways in which psychological data are gathered and evaluated / interpreted.

Identify and compare the major perspectives in psychology: Recognize how each approach views human thought and behavior. sleep-wake schedules.

Generic Elective Paper-II

BASIC DEVELOPMENTAL PROCESSES

Learning Objectives:

To help students gain some key ideas about human development and the perspectives to understand and explain such developments. To help the students understand the significance of prenatal period for human development. To help the students understand the developmental preparations of the childhood and the implications of developmental milestones for the normal human development.

Programme outcomes:

Understand the nature, types, and principle of development. Understand the processes of formation of life and development during pre- and post-natal periods. Understand about the different aspects of preparation for future life.

Generic Elective Paper-III

BASIC PSYCHOLOGICAL PROCESSES

Learning Objectives:

To help the students to understand the mental processes to begin with sensation and perception up to how it results in thoughts and communication.

Programme outcomes: Students will be able to

Understand the bases sensory actions and the processes of integration of sensory actions in creating and interpreting perceptual events. Gain knowledge of the important processes and principles of human learning as well as the structural functional attributes of human memory to help conserve the learning outcomes.

Generic Elective Paper-IV

PROCESSES OF HUMAN EMPOWERMENT

Learning Objectives:

To help students gain ideas about intelligence and personality as foundations of human empowerment. To make students understand how motivation and emotion are empowering processes to human development. To help students gain insight into human behaviour as products of empowerment.

Programme outcomes:

Know the structural components and functional dynamics of both intelligence and personality. Understand the significance of emotion and motivation in behaviour management. Understand significant aspects of social behaviour as resulting in happiness, well-being and personal growth.